

Wednesday, 18th March Lunch served 11.30am – 3pm • Late lunch deal: 3 – 4pm

Hot specials

	Eat In	T/A
Beef & Guinness Casserole <i>D</i> with basmati rice	11.50	9.50
Tamarind and coconut Chicken <i>GF</i> with mixed salad leaves	11.50	9.50
Indonesian Spiced Vegetable Curry <i>D V Ve GF</i> with basmati rice	9.50	7.00
Quiche: Pepper, Feta & Basil <i>v</i> with 2 salads (leaves, health bowl or carrot)	8.50	7.20
Slice of pizza: Cheese & Tomato <i>v</i> Add a portion of salad or a spoonful of rosemary roast potatoes	7.00	5.70
Today's soup: Parsnip & Cheddar <i>v GF</i> with a ciabatta roll or a slice of our brown bread (gluten free bread available for an extra 60p)	5.50	4.00

Salads (served with all our 3 salads)

	Eat In	T/A
Smoked salmon <i>GF D</i>	10.00	8.60
Tudge's ham salad plate <i>GF D</i>	10.50	9.70
Cheese salad plate (ask for today's choice) <i>GF v</i>	8.00	7.20
Hummus and Greek Olives salad plate <i>GF D v</i>	9.00	7.70
Simple salad bowl <i>GF D v</i>	4.50	3.60

Sandwiches

	Eat In	T/A
<i>All served on our own ciabatta rolls. Eat in price includes salad leaves</i>		
Hummus, tomato and carrot salad <i>D v Ve</i>	6.00	4.00
Pesto, tomato and mozzarella <i>v</i>	6.00	4.00
Cheddar Ploughman's <i>v</i>	6.00	4.00
Tudge's smoked ham, tomato and coleslaw	7.00	5.00
Tudge's sausage and onion marmalade	7.00	7.00
Tudge's bacon butty	7.00	7.00
Pastrami with mustard and pickle	7.00	5.00

v – vegetarian *Ve* – vegan *GF* – gluten free *D* – dairy free If you have any questions on allergens- please ask